

WHY GUIDANCE COUNSELORS ARE INDISPENSABLE

by:

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Imagine a scenario at school where students are crowding over a commotion between students physically punching each other, fist to fist. Then comes the parents of the aggrieved party rushing to the school and asking for fair justification and punishment. In real life school settings, such scenarios are one of the frequently reported problems among students. Guidance counselors deal with bullying, disagreement between friends, family-related problems of students and so much more.

Guidance counseling in schools has proven to be an indispensable part of the education system in maintaining a welcoming, inclusive, and child-friendly school environment where students could be their own, act cheerfully and determined. Our school guidance counselors provide distinct counseling to aid students and help them resolve any personal or interpersonal dilemmas. Through their help, students may be given support services that will enhance their socialization skills or improve parent-child relationships, especially those who face challenges not just in school but also at home.

Due to the recent pandemic brought about by COVID-19, our learners went through a lot. Not everyone was given proper mental health support by their parents. It is only in school where they can find comfort with the help of our guidance counselors advising them on personal stuff which sometimes include anxiety and depression. Guidance counselors assist students going through such face and help them realize that their feelings and valid and needs to be heard and addressed.

The role of guidance counselors in schools is vital as they possess the abilities to effectively guide the learners through any challenges that they may be experiencing. They

communicate with the students through thoughtful listening and immediate responding to questions. The level of empathy that they express with what the students are going through shows so much compassion. Their warm and welcoming attitude serves as the key to allowing students to open their pent-up emotions.

Schools can thrive and run smoothly and effectively with the help of good guidance counselors. They have a wide range of responsibilities. Aside from helping students to effectively transition into maturity and adulthood, they also aid the parents and the students to cope with drastic changes in life. Our school guidance counselors are an indispensable part of DepEd's team.

References:

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