

HOW HIGHLY PROFICIENT TEACHERS CAN BECOME GOOD MENTORS

by:

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Becoming a good mentor involves a combination of skills, experience, and personal qualities. Here are some steps you can take to become a good mentor:

1. Build strong relationships: Mentoring is all about building relationships with your mentees. Take the time to get to know your mentees, their strengths and weaknesses, their goals and aspirations, and their background and experiences.

2. Be a good listener: Listening is one of the most important skills a mentor can have. Be attentive to what your mentees say, and show empathy and understanding. Ask questions to clarify their ideas and concerns.

3. Share your experiences: Mentoring involves sharing your knowledge and experiences with your mentees. Be open and honest about your own successes and failures, and offer practical advice and guidance based on your experiences.

4. Provide constructive feedback: As a mentor, it is important to provide feedback that is both honest and constructive. Focus on the mentee's strengths and offer specific, actionable suggestions for improvement.

5. Set goals and expectations: Help your mentee set achievable goals, and be clear about what you expect from them. Encourage them to take ownership of their development, but be available to provide support and guidance along the way.

6. Be patient and supportive: Mentoring takes time and patience. Be supportive of your mentees, and be willing to help them navigate challenges and setbacks.

7. Continuously learn and grow: Finally, as a mentor, it is important to continuously learn and grow. Stay up-to-date on trends and best practices in your field, and seek out opportunities to develop your own mentoring skills.

References:

The Regents University of California, Davis Campus, (2022). The Benefits of Mentoring. Retrieved from <https://hr.ucdavis.edu/departments/learning/toolkits/mentoring/benefits?fbclid=IwAR23e0VW2kMuuB1Ii2q2HsqUv8AeJUgtLIYIhMulvOcSALRos3tz1ry7E>