

## THE ROLE OF TEACHER'S EMOTIONAL INTELLIGENCE

by:

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The capacity to manage demanding situations, such as managing work pressure, as well as maintaining classroom etiquette are requirements for the profession of teaching. Beyond intellectual ability, professional skills, and academic qualification, they must also consider their teaching capacity to become effective teachers. Student performance can be a manifestation of the effects of a teacher's level of emotional competency. Additionally, emotionally intelligent teachers are aware of how their words and deeds might affect their students' behavior and emotions. The way the teacher acts influences how much the pupils participate in the various class activities.

Stressed-out teachers not only act negatively outside of the classroom but also exhibit poor behavior inside of it. As a result, they become less effective as a teacher, which eventually affects how well the pupils perform. Given that being an instructor in the educational sector involves a significant level of professional stress for the teachers, its effect on classroom behavior is also clear. According to research, instructors who experience high levels of work-related stress are more likely to acquire a negative attitude toward their employment and the duties that go along with them.

Regarding that, there is the potential for teacher burnout because of the high levels of stress to which they are regularly exposed. The capacity to successfully control one's own and one's students' emotional states is a necessary skill for instructors if they are to avoid burnout and deal with the high levels of job stress.

Additionally, it is crucial to highlight that emotionally intelligent instructors can perform well in the classroom because they are quick to identify the emotions they are

feeling as well as quick to assess the emotional condition of the pupils. Emotionality is a concept that is connected to such successful emotion control. Without the ability to use emotions to make wise decisions, a teacher cannot effectively manage their students' emotions.

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