

THE NECESSITY OF STUDY HABITS

by:

Rio T. Mandia

Teacher III, Tomas Pinpin Memorial Elementary School

Studying rigidly is essential for the success in any of the school's activities. The ability to be a successful learner is dependent upon habits and routines. Habits and routinary activities are important for better retention of the knowledge. Without a routine, pupils may feel exaggeration by the work, struggle their homework with time management, and lose attention in studying. So many study habits for learners that can make studying easier. The following tips will help students accomplish more with less effort, improve their school's performance, and become better learners.

1. Set priorities and be organized

First thing first. It is so important to make priorities of your daily activities, setting a goal to achieve so it will go well. A plan is of use to help the child keep everything on track. Pupils should do the listing of work, assignments and appointments be done.

2. Necessity of creating a schedule

A routine of one person is different from other person depending on their learning styles and needs. Many students find it hard to study without thinking that study habits can make complex work into a simple one. Time management is very important and should be use with their priority.

3. Know what to expect

Surprises sometimes is a bit off to many but should be important in so different ways. Pupils should know the possible things to happen beforehand to make him feel comfortable. So, it is the time that parent should step in, talk to them, advise them ahead of time.

4. A conducive study area

Parents should provide a comfortable and conducive place for your child to study, it may sound cliché for people who are not so rich and cannot provide. But at least try in certain area in your house that provide calmness, well-ventilated even fresh air will do, no noise for the child's study time. A place with no gadgets until the assignments are finish.

5. Positive thinking

Having a good mindset and encouraging the child with the right and positive words when studying or before heading an exam be a good time for him to study well. Encouragement and support will be of great help in the study and learning of a child.

6. Creating a peer group

Studying with other children is helpful especially when the child is struggling to understand the skills of the lesson. It does not mean other children is from your out of your house, the group can comprise the brother and sister in the family even parents can do. It is vital that the child must have ensure a companion to study, this not referring to so many members in the studying group. Be mindful that a little distraction is significant.

7. Listening well

Listening should be practice well to children because it is important to concentrate and avoid distraction. It is better retention of the knowledge they will acquire when listening. Paying attention to the speaker is vital. Having hard time in listening, teacher

can make important gestures, sign languages, tone of voices and others. Writing important notes on the board is also a helping method in building good study habits.

8. Taking a review

The feeling of stress is normal when taking an exam. We just need strategies and techniques to overcome the stress and do best in their exam. It is of need that every lesson of the day, a child must set a daily review of their lesson. This will help him that during the day of exam the cramming of too many lessons to learn. In a way he will feel relax and comfortable when the day of exam comes or even making him ready for his daily lesson in the school.

9. Daily reading

Reading everyday should make be a habit. Even a short story or the lesson for the day. Students who practice reading actively will let him have more knowledge and ability to answer unfamiliar words or questions. Making him a wide range of known learning.

10. Be futuristic

The reality speaks that study habits should start in the earlier years at school but in the long run this will make you ready up to college or tertiary level. Make sure that all the study habits must be a routine from setting of priorities up to daily reading because this are important for their future.

Think that everyone needs an extra help, do not hesitate to offer these study habits for our children to succeed!

References:

<https://ptaourchildren.org/10-study-habits-child-needs-succeed/>

<https://www.ecoleglobale.com/blog/10-study-habits-for-students/>