

## IMPACTS OF ANIMALS AS A GOOD COMPANION DURING PANDEMIC

*by:*  
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Pets are the ones who are usually left at home when people are busy roaming outside the house doing duties and shifts. They keep the house alive with their presence and keep it safe from threats of criminals or robbers. Animals provide you with a sense of security and comfort and a sense of obligation as a friend to them which gives you a sense of an additional companion in them. An animal as a companion builds an unpredictable bond to hold, it makes one feel less alone by having a brighter day with their presence and lightening the essence of unconditional relationship during the days of the pandemic.

Pets, such as dogs, cats, and other animals, have this kind of trait that they can be loyal to you no matter what happens because of the emotion you and they shared for a certain period of time. The lockdown during the pandemic keeps the community isolated within the walls of the house, yet we have our beloved pets as company. The sight of seeing innocent animals being with you despite the things that are happening in the world brightens everyone's mood. Animals can also work professionally to benefit human health. Numerous studies show that having a dog around promotes human socialization. Victims of abuse, both children and adults, also benefit from having a courtroom or service dog as they facilitate testimony by reducing their stress levels. Furthermore, having a pet can increase a child's social participation, self-esteem, and empathy in a positive way.

It is essential to take care of companion animals' needs both at home and while we're away. Even though they are always present for us, they do deserve the utmost care

and the love that we should return due to the unconditional love that they always offer. Animals, not just dogs, are truly "man's best friend" indeed.

*References:*

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