

## COMMON PROBLEMS FACED BY STUDENTS AT SCHOOL

*by:*  
**Donna Lyn V. Dominguez**

Students are excited to attend to school every start of the school year. They had been enjoying it for a few weeks and a few months after the problems started. School issues are common in the pre-teen and adolescent years. Without help, the problems may be worsened and can lead to academic failure, low self-esteem, inappropriate or dangerous behavior, and legal troubles.

Some issues at school are simple to identify, and your child want to discuss them with you. At times, a member of the school staff might get in touch with you to inform you if something is wrong.

But, there may be occasions when your child hides issues at school from you, their instructors, and their peers.

Problems in school can include disengagement, low self-esteem, issues with peers, bullying, time management, learning difficulties/ lack of knowledge, Academic under achievement, finding it challenging to complete coursework or finding it tough to focus in class if others are boisterous and disruptive, exam stress/ difficulty with school works.

If you are dealing with any of these issues, you could notice that they have an impact on how you feel at home and in school. Keep in mind that you are not alone. There are those who will pay attention and stand by your side while you go through this trying period.

An excellent foundation for resolving any issues that arise at school is having a positive relationship with your child's teacher and the school. By getting to know your child's teacher as soon as you can, you can establish the foundation for a positive parent-teacher

connection. Building relationships and communicating with your child's teacher will help you work well together when a problem arises.

It's crucial to seek the school's assistance once you are aware of what is happening with your child at school. To begin, speak to a teacher who is familiar with your child. He is your child's classroom teacher at the elementary level. You might need to speak with the year coordinator or the school's welfare coordinator at the secondary level.

You do not need to wait until a planned parent-teacher interview; you can speak with instructors at any time during the academic year. In order to have a relaxed talk, you might need to schedule a meeting time. Your child's academic, personal, or social issues should be discussed with the teacher or staff member, who should be able to explain how the school can assist. Your child should be able to access a variety of services through the school like counselling, study skills assistance, academic clubs assessment by psychologist if needed.

Your child may feel more confident about themselves and in charge of the situation if you talk to them about solving their school-related concerns and include them in the process.

#### *References:*

<https://www.youngminds.org.uk/young-person/coping-with-life/problems-at-school/>

<https://raisingchildren.net.au/school-age/school-learning/working-with-schools-teachers/problem-solving-for-parents-teachers>