

## THE VALENTINE LESSON

*by:*

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February 14 is the year's special day of celebrating love. Most of the time, this is the time of the year when people share sweet messages and gifts with their loved ones. All attention is focused on love for this day. But considerably, this day may not be the only day that love can be displayed and appreciated. Love, as a universal motivation for all people to do good for others, to excel at a particular activity, or simply take care of themselves.

Love can be observed, experienced, and given in many ways for love has many forms. Love can be in the form of philia or love for friends and equals. This is a kind of love where friendship thrives and flourishes. Love can also be pragma. Here love is enduring in the sense that love is developed over time people who tend to become in love with their jobs as they stay longer. Love can be seen through family members. This is called storge. This is how parents love their children and their children love them in return. Eros on the other hand is the romantic kind of love. This is when a person is attracted to another person. If the person is just flirting or playing with the emotions of others, they are under the ludus type of love. As most people are obsessed with boy bands or television series or things, this is the type of love called mania. Then there are those who feel that they need to love themselves first before they could give love to others. Self-love is called philautia. Then lastly, but definitely not the very least but in contrary the greatest love that there is called agape. This is unconditional love, a love that does not see thru appearances or thru benefits. This is also enduring in the sense that people with this can forgive and move on. This is the highest form of love that a person can have or give.

With all of the foregoing discussion at hand, if ever the students are able to understand, identify and use the type of love that best suits the specific situation wouldn't it be a great world for all. Teachers and non-teaching staff can always have the opportunity to teach love to the learners in all aspects, they just have to be patient and clear with the intention of teaching the lesson of love. Most importantly how to value love and see the results whenever love is given or applied.

*References:*

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