

REFLECTIVE TEACHING

by:

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Reflection has been utilized extensively over time to support high standards in education and has evolved into a fundamental component of both teaching and learning. Through stimulating assumptions of everyday practice and critically evaluating practitioners' own responses to practice their craft, it seeks to intensify awareness of own professional knowledge and behavior. Besides, working with others is encouraged by the reflective process since one may share outstanding practices and rely on others for help.

Before, during, and after a lesson is delivered, reflective teaching entails assessing one's fundamental assumptions about teaching and learning as well as one's alignment with actual classroom practice. In order to promote student engagement and learning, educators who exercise reflective teaching set aside time to reflect on their own pedagogical decisions, review their curriculum, take into account student input, and make necessary adjustments. Information collecting, data analysis, and future planning are all necessary steps in this process.

In connection, reflective practice offers teachers a variety of advantages. One is that it fosters instructors' self-assurance. Teachers are held accountable for both themselves and their pupils through yet another reflective practice. Reflective practice also promotes inventiveness. Additionally, it promotes critical thinking among educators as they consider their instruction and search for examples of successful instruction.

In a nutshell, every educator is unique, and each set of students is likely to perceive actions and words differently. Within the classrooms, there are several worlds, and effective instructors will make an effort to view themselves through the eyes of their

pupils. Reflective practice helps teachers better comprehend their students. Thus, reflection—for both instructors and students—is essential to effective learning. Since learning can be individualized for each student, reflection guarantees that all students learn more effectively.

References:

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