

ON BEING SELF-SUFFICIENT OF TEACHERS

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The attitudes and behaviors a teacher displays depend on the beliefs and perceptions he or she holds about teaching, learning, and pupils. Thus, one of the key components of teacher preparation that stands out is the belief in one's own capacity for sufficiency. It is considered that those who believe in their ability to solve their own difficulties more strongly will do so more readily.

A teacher's conviction in his or her ability to achieve the desired outcomes for student engagement and learning is known as a teacher self-sufficiency belief. Acknowledgedly, a teacher's self-sufficiency belief in teaching has a significant impact on how well they teach. Teaching methods and a strong sense of self-sufficiency in a teacher are closely tied to their level of competency. Expectations about a teacher candidate's future competency improve when it appears that he or she has confidence in their ability to teach. Contrarily, when they believe they performed poorly, they become more confident in their abilities and hence expect to do poorly in the future. The quality of education is also strongly impacted by teacher self-sufficiency.

Accordingly, teachers are driven by their own personal ideals to achieve their goals and act in the classroom. The sense of self-efficacy and subjective wellbeing are two further benefits that might come from values. Teachers' self-sufficiency, or confidence in their ability to handle the obligations, challenges, and tasks related with their professional activity, affects important academic outcomes and workplace wellbeing.

In addition, it becomes crucial to comprehend factors that affect a teacher's confidence in his or her capacity to handle the responsibilities, problems, and tasks

inherent in his or her professional role. In order to achieve this, it may be very interesting to investigate the values that instructors hold dear. It has been demonstrated that values can accurately predict a worker's ability to support themselves.

In light of this, it is important to remember that values can be priceless tools for enhancing the teaching experience for teachers and, in turn, for their students, when specific motivational circumstances are met. Thus, self-awareness and conscientious adherence to one's personal beliefs may aid instructors in managing the demands of their jobs in a healthy manner and avoiding stress and burnout at the workplace.

References:

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