

GULAYAN MULA SA PAARALAN HANGGANG SA TAHANAN

by:

Justine Kay I. Paredes

Teacher III, Facundo Angeles Memorial Elementary School

The Gulayan sa Paaralan Program is an activity that aims to encourage healthy eating and lessen hunger among students. Students who consume the recommended amounts of fruits and vegetables will grow physically and mentally, which is why this kind of program is encouraged in all schools.

March 17, 2020 - all schools and public places were closed and the community undergone lockdowns due to a pandemic outbreak of Coronavirus known as Covid-19. Therefore, all school projects and programs were also closed. But the needs of each family continue. That is why Gulayan sa Paaralan Program is brought to the backyards of the learners of each school.

Gulayan sa Paaralan will foster public responsiveness on both the health, nutritional, and economic benefits of establishing not just in school but also in their household and community as part of the department's poverty mitigation programs. This project is intended by the Department of Education (DepEd) to help address the country's concerns about hunger and malnutrition.

At a meeting held on October 5, 2020, it was decided that all parents in SHS would receive their "Gulayan sa likod ng tahanan." All SHS and JHS students and their parents collaborate to create a garden at home as part of this project. Students submitted their "Gulayan sa paaralan" pictures online after three months, and the proponent was able to select the best Gulayan sa Tahanan implementer, who was honored to parents and students in the second quarter. This project lasted until June 2021. To advertise and profit

from it, the items from their garden were shared on Facebook. Every Monday, some parents set up a showcase of their harvest goods to sell to their neighbors and teachers.

“You reap what you sow” is an old adage that has once again proven true in one community in Morong, Bataan. Those who attempted to grow their own fruits and vegetables in their own backyards, vacant lots, or even little pots can now really consume the produce of their effort.

References:

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