

## **ALARMING EFFECTS OF SOCIAL MEDIA IN THE LEARNING PROCESS.**

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Research states that students nowadays tend to spend most of their time checking their social media. Trying to see what is on the bandwagon or the most trending, like, for instance, dancing, singing, or new outfit ideas, or some aesthetic cute stuff you may find in TikTok, may lead them to poor learning skills.

There are a bunch of things that can affect the performance of the learners through social media, such as poor grammar and spelling. It is considered one of the major concerns for the reason that many students see different posts and articles that are fake news containing some grammatical errors and incorrect spelling, and that being said, it will incline them to copy and they will believe that it is the right one.

Another effect that they observed based on research and records from the Department of Education is the decreased study time and poor academic performance due to excessive usage of social media. Why? Because many students wasted their time up until midnight watching random videos that were not educational, this resulted in laziness and a lack of sleep.

We must practice time management while using social media for non-academic purposes to avoid distractions and delay their learning and academic achievements.

Using social media without proper monitoring can lead to harmful consequences. So we must be responsible in everything that we post and click online, stop oversharing things, and protect your privacy.

Rather, let us all try to use the social media for educational purposes and school-related activities for us to adapt and adjust well to the technology and to achieve the same goals with the help of learners, teachers, and the social media.

Reference:

<https://www.sciencedirect.com/science/article/pii/S1319562X21000103>