

WORKING MOTHER

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The traditional role of stay-at-home mothers is no longer what we identify with women. Previously, we defined motherhood as having the unwavering desire to care for children and manage all aspect of household duties on your own. Everything changed as the conflict for the freedom we enjoy today erupted. Women are becoming more and more important in the economy as they prove their capacity to compete in the labor market. Some people continue to believe that mothers should stay at home to care for their children's needs. However, modern women vehemently disagree.

The advantages are first, moms who are working serve as admirable examples. Children should be taught that women should not only serve as housewives. Instead, a woman is capable of working outside the home and pursuing a career. Children learn from this that a woman's job can extend beyond home duties to include a successful career. Working mothers are a living example that working for a living recognizes no gender. Second, children raised by them are more independent. Mothers who work frequently raise their children to be more independent. Children of working mothers need to learn how to perform things independently so that they can grow up with a strong sense of responsibility. Third, working parents have the chance to broaden their social network outside their immediate family. Additionally, they are able to take their kids along on work trips because to this. That's time well spent with their family and coworkers all at once. Lastly, according to Robert Locke, health expert and contributor in Lifehack, "stay-at-home mothers are likely to suffer from depression". This discovery can have a negative impact on daycare. It's fortunate that you can combat melancholy and anxiety on your own as a working mother.

However, these are the advantages being working mother. First, Moms who work are more worn out and stressed. Having an eight-hour workday, traveling, and returning home to agitated kids who require parental attention. Along with other things they must take care of, working mothers experience them virtually daily. Second, Health problems are also a risk for them. A mother's health may be at risk if she follows the same daily pattern with little to no rest, which may lead to other issues. Lastly, working mothers might spend less time with their families. They occasionally miss family gatherings because of their hectic activities. Additionally, some working mothers spend most of their time focusing on their employment, which may mean that they give less thought to family issues.

Certainly, working women can make choices that will help them achieve a more rewarding work-life balance even while they must financially support their families.

References:

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