

STUDY HABITS AMONG STUDENTS: AN ACHIEVEMENT

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With the current face-to-face among the students as well as the teachers from the pandemic state where the students are more submerged online, the study habits among the students become one of the most popular trends to be talked about. Not only does this gives us more value in giving the students a habit of what they can have as they grow older, but also it gives us a more definite direction as to where the students would like to explore their interest regarding the education the teachers are giving them.

This also includes the interest as to where the definite educational genre the students would like to invest in, especially if these students are into their elementary or high school days before they go into their expertise of what they want to pursue in college.

Of course, most of these students would like to ask more about how the study habit is done and sustained. Most of the actions the students can have might rely on whether they have these study habits attached to themselves.

Nevertheless, knowing one's own strength in the development of these study habits may, later on, be a part of one's own success and lead to other things which may considerably seen as educationally important.

How to have a study habit which may cater to more than just posting it online?

As a student, be sincere in your lessons, and try to internalize the things which may give you the most practical applications, in this way you can see the beauty of the lessons being posed by the teacher during discussions

Be cautious as to what you might do, especially with time. When doing your me time with your lessons at home, remove all distractions, including the gadgets or applications which can be opened and not related to your educational needs.

Be aware of the things which you might add to your current lessons, especially those things which may be input to add more delight in your lesson shaping for the day.

Do not forget to treat yourself with good study habits from time to time, but be cautious with how you give time to yourself and how you use time wisely.

References:

Shannon et. al. (2021) To What Extent Do Study Habits Relate to Performance?

. Available at: <https://www.lifescied.org/doi/10.1187/cbe.20-05-0091>.