

## STUDENTS' CHALLENGES ON BULLYING

*by:*  
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How do one conquer one's own fear? Is it by developing oneself more? Or removing the bullies in the institution? Day by day people always experience bullying. It may either occur online or face-to-face.

In a place where everyone is not alone, the chances of being bullied and seeing a bully is high. There are instances where the worst scenarios happen to the bullied individual and this may not end well for any of the families of the bullies, or the ones being bullied. With this scenario, what may be done to minimize and lessen these cases with the students and the teacher may help the families and the persons being bullied.

These are some of the suggestions based on the experience of the author.

It will be beneficial if the parents are always visible in classroom engagements as well as school activities. The parents are seen as protectors, so they may secure the feelings of the students and some students who have the tendency to bully others may feel anxious if they will start bullying in front of the parents of the ones they want to bully, after all the bullies are afraid of the ones larger than them physically, mentally, emotionally and the likes.

The teachers must also be the second parents in the school, meaning, all of their students must be given chances to talk with them or even bond with them, mostly in groups, so that no jealousy will be felt in the classroom atmosphere.

Likewise, it will be an advantage to everyone, if all students are treated equally, without any fear of anything, they must be given the freedom to explore all the things which is educational and with the help of the experts in the school, they might be given

the benefit to become who they really want to be and cater all the things which are essential for their growth and development. Focus on the positive things and help the students with special needs in all aspects.

The bottom line is making the home and the school as well as the community in all possible ways, the best places for these young ones to be themselves positively.

*References:*

Children's Hospital of Philadelphia.(2022). Bullying in Schools.  
<https://violence.chop.edu/bullying-schools>.