READING IS POWER

by: **Ador Salvador Cruz**

Master Teacher I, Alternative Learning System

Reading is defined as a cognitive process that involves decoding symbols to arrive at meaning. In the real-world scenario, it is comprehending the texts/words written and ends up as an information provider to the one who is reading. It requires focused attention that one must gather, collect clues, and organize and process information toward an objective or goal.

Reading is power, why? It is a skill that can conquer oneself once you master this skill you can do a lot of things that it can power up your interests, desires, and dreams. Simple decoding can be converted into a powerful tool to inverse the process and use it as means to encourage, entice, and capture someone's attention and interest. As they say, "the more you can read, the more money you can earn." Training hard will strengthen your total package as a soldier, resulting from rigid physical training and psychological and tactical mental exercises. Reading can be compared to the military skills of a soldier; you cannot be brought to the battlefield unless you are trained to fight and possess the basics of militarism and the foundations of courage and bravery. The same through with reading learning the basics up to the basic stage will get you ready to win any situation that requires reading as a skill. In the Alternative Learning System reading is a skill to be developed by the teacher to his learners because all of what is being taught will go in vain if the learner does not know how to read.

Wide reading is encouraged, read from the simplest literature to the most complex almanac. Reading comics, magazines, children's books, storybooks, and the like will enhance your reading prowess, and reading from school textbooks, encyclopedias, atlases, and almanacs will give you the extra mile in you're reading skills. Knowledge



depedbataan.comPublications The Official Website of DepED Division of Bataan

and skills can be learned through reading, it can teach someone lessons in which the teaching and learning process in school did not take place.

The ten advantages of reading are 1) brain stimulation through mental exercise 2) an excellent stress-reducing habit 3) knowledge-enhancement 4) expansion of vocabulary 5) strengthens memory 6) improves analytical thinking capabilities 7) enhances attention and concentration 8) improves writing skills 9) sense of calmness and 10) source of free entertainment. Discovering the wonders of reading will lead you to an enchanting world. Can take you to places where you have never been, just put yourself to the character/s that you are reading. Reading alone can make you rich more than you could ever imagine, rich in the sense of information overload, knowing a lot from the questions "how to?". Our emotional quotient is strengthened through reading, we can even actually feel what the author wants to express. We can make predictions; follow instructions or directions; we can be cautious about the cause and effects of things; the order of nature; environmental conservation; and many, many more. We read to entertain ourselves by the mysterious settings- the plot, character, conflict, climax, and moral lesson and excite ourselves with the great ending of stories we read.

Read more, not less because reading is far healthier than holding a gadget to play from, reading will broaden your horizon and you are equipped with a wider range of topics. Imagine we watch movies or listen to music to entertain ourselves less that you know that movies and music are inspired or derived from best-selling novels or books. Reading can change your life and create opportunities. Read and have fun!

References:

What is Reading? - Definition & Process - Video & Lesson Transcript | Study.com 10 Advantages of Reading. Why you should read daily? - North Central Mindanao College (ncmc.edu.ph)