

EXTRA CURRICULAR ACTIVITIES: A CLOSER VIEW

by:

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Some activities at school were prohibited for two years because of COVID-19, a deadly virus. One may ask the question, is it still important to do the things we used to do now that face to face classes are implemented?

Extracurricular activities, in the perspective of an Indian International School in Abu Dhabi, are crucial to a person's complete growth. In high schools, it fosters socialization, mutual understanding, teamwork, and community involvement among students. Students who participate in extracurricular activities can relax and build relationships with one another. Kids can learn about their strengths and weaknesses through extracurricular activities, and they can also find something they enjoy doing outside of school. Additionally, it improves commitment, leadership, communication, time management, adaptability, the capacity for creative thought, and a whole lot more.

Since schools are open to all children here in the Philippines, it is fortunate that COVID-19 cases have not increased drastically as was predicted. This is likely because parents allowed their children to receive vaccinations before allowing them to return to school, which served as their children's protection.

The Department of Education progressively permitted the schools to engage in extracurricular activities that were previously prohibited. Even though the opportunities are few, offering kids the chance to engage in activities that improve their socializing skills and teamwork will give them more confidence.

Indeed, providing opportunities to the schoolchildren may improve their socialization skills and mental health as well. While following protocols, let children explore the outdoors, exhibit their talents, interact with their peers, and create happy childhood memories.

References:

<https://sisad.org/importance-of-extracurricular-activities-in-schools>