

## DISCIPLINE, IS NOT AN OVERNIGHT PROCESS

by:

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Discipline inside the classroom is certainly essential to have a peaceful teaching and learning space. But how can discipline be implemented? Why do we, teachers, have to discipline our pupils? Is it because we wish to control them? What can we do to gain more knowledge on how to correct their behavior? Is it enough to scold them or just shout inside the class to pacify the noise our pupils are creating?

Discipline makes misbehaving pupils aware of what is right and wrong as well as what is beneficial and harmful. It teaches the pupils that they do not exist by themselves and that they have to respect the rights and wishes of other pupils. They must realize as well that there out to be limited to their actions and discipline is the best solution.

Teachers need to discipline the misbehaving pupils not because they wish to control their freedom of speech and movement. Rather, teachers need to ensure the safety, health and peace of mind of the other well-behaved. They need to correct mistakes before these become bad habits.

In my case, I start at the early part of school year, at best, during the first week of classes since my learners belong to Alternative Learning System adult education. They may think more mature than learners who belong to elementary grade but there is no exception in implementing classroom discipline. Otherwise, the misbehaving learners who do not control their movements or who are not aware of the consequences of their actions, may come to harm or bring harm to others.

Teachers and head of schools can devise simple effective solutions to cut misbehavior. One way is to have an orientation during the first week of classes to discuss “School and Classroom Discipline”. Every adult learner must attend this affair. In elementary grade, parents of the pupils will be participating this activity. This kind of meeting with them may serve as a good opportunity to inform them of the school rules and regulations and their involvement.

One more approach in disciplining the learners is for the teacher to set an example by being a model of good behavior.

Above all, discipline cannot be acquired overnight. Each should be given enough time to learn the rules and to practice following these. Don’t demand perfection or steady progress. Your objective as a teacher is to help misbehaving learners behave well so they can live happily and independently in the mainstream of society.

*References:*

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