

VERBAL ABUSE

by:

Melissa M. Aguilar

Teacher III, Renato L. Cayetano Memorial School

When students are hit, mistreated, and abused by their parents, relatives, or other people, this is known as bullying. Luckily, we have government law protecting women and children's rights, but this law focuses on physical violence rather than verbal abuse. Now a days, verbal abuse is very traumatic for learners like when somebody calls them bobo, tanga, mahina ang ulo, bugok, abnormal, etc. Aside from these, it will become mental torture that make them timid, lazy, lack of self-confidence, loner, stressed, and worst, it gives them tendency to commit suicide.

Aside from these things, verbal abuse can damage the eardrums of the pupils because of loud voice, shouting and humiliation act of those who bully him or her, either their parents, relatives, friend or co-pupils. It is highlighted now that the silent killer is bullying. The same as verbal abuse but usually it is only posted in social media to torture someone else. Or somehow those kids who suffer from this dilemma are afraid of asking help from somebody else. All must be responsible for what we say and what we act. Be gentle, humble and share love for others instead of saying bad things or cursing someone. Pray for them and encourage them to grow as responsible citizen. Our pupils today are our future generation. If we don't treat them right, our future will be worse than ever. Let's strive to improve our society so that those physically and verbally violated cases are never encouraged. Promoting peace with anyone is within God's will.

Are you one of them who commit this destructive and demoralize act? A straightforward lesson: either you support us or you don't?

References:

Signs of Verbal Abuse (Emotional and Verbal Abuse)

<https://www.webmd.com/mental-health/signs-verbal-abuse>

What Is Verbal Abuse? How to Recognize Abusive Behavior and What to Do

Next

<https://www.healthline.com/health/mental-health/what-is-verbal-abuse>