

THE POWER OF PRAYER

by:

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We run into issues almost every day. When you get up, you consider the time, what to wear, to cook, and what activities you will accomplish at work.

There are issues everywhere, negativity, and anxiety attack. Health condition is sometimes triggered. Since we are all human, everything we do, feel, see, and experience is merely a spice to our lives.

Think, be still, and pray. To overcome this journey, we must breathe, cry aloud, and alleviate the anguish. God is willing to listen to us; we are not alone. Believe that everything happens for a reason. Perhaps, God knows that you are experiencing burnout, which is why He has provided you with a circumstance that will let you think clearly and spend some peaceful time with Him. I assure you that a simple finger-snap solution will reveal and that's the effectiveness of prayer. The Lord God Almighty can do all things; there is nothing impossible for Him (Luke 1:37).

Remember John 16:23? "Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full."

In other words, God grants our requests for him to instill in us a love for our neighbors. He starts tending to our hearts when we ask for patience, removing irritation from those areas, and then gives us opportunities to learn patience. When we ask him to come close to us, his presence envelops us like a warm embrace wrapped in his strength and tranquility.

Even when our trust is nonexistent or very weak. Sometimes it's like being a toddler learning to trust God with our prayers. We sway, waver, and drop. He doesn't correct us, though. Instead, he exhorts us to stand up and try once more.

References:

<https://www.christianity.com/wiki/prayer/what-is-the-power-of-prayer.html>