

## TARDINESS

*by:*

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Tardiness is a serious problem in an organization. When employees are late to work, they're not only missing the start of their shift, but they're also missing out on opportunities to learn from others and develop their skills. In addition to causing delays for employees who are late for work, tardiness also affects productivity by taking away time from the employees who are supposed to be working. Furthermore, tardiness impacts productivity because it causes stress among employees who feel like they are being blamed for being late when they were actually on time.

Tardiness is one of the most damaging habits that an employee can have. You may think that tardiness is harmless, but it's actually detrimental for the organization. Tardiness sends a message to the rest of your employees that you aren't serious about your work or company. It shows that you don't care about what they do, and it makes them feel like they're not being valued. If you are late to work, it means that you are not prepared for the day and that your work will not be done on time. For everyone involved, this may become frustrating.

It's not easy to get rid of tardiness. But it can be done. Seek help Tardiness is a common problem, and there are lots of ways to deal with it. But what you can do is create a plan for how you'll handle your tardiness in the future. You don't have to be late every single day; just think about what kind of impact this has on your workday and how much control over it you have.

*References:*

12 Tips for Being Punctual - How to Be On Time

<https://daringtolivefully.com/tips-for-being-punctual>

I'm a behavior expert and this is the real reason some people are always late

<https://nypost.com/2021/11/25/im-a-behavior-expert-and-this-is-the-real-reason-some-people-are-always-late/>