

## IMPACT OF READING ON LEARNERS' ACHIEVEMENT

by:

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One of the most priceless contributions a teacher can make is to enhance the learning process in the development of effective reading habits. The ability to read proficiently opens up amazing possibilities for learners.

Learners who read by themselves improve in so many areas, including comprehension, fluency in speech, and comprehensiveness of information. They improve as readers, do better on standardized tests across the board, and learn more about their subjects than their non-reading schoolmates.

To help a child develop a love of reading, independence, and self-confidence, it is important to encourage reading from an early age. The imaginative and social skills that kids develop from this are invaluable.

According to Australian Christian College there are Four (4) Benefits of Reading.

**Enhance Brain Activity** - Reading needs attention, as contrast to passive media consumption like watching television or a streaming video. This is more beneficial to mental health than passive entertainment since it actively uses and stimulates more parts of the brain.

**Improved Vocabulary** - Reading can increase vocabulary by exposing readers to new terms.

Reading-related activities were revealed to be the primary cause of vocabulary improvement from grades four through ten in a study conducted in 2015.

Developing Critical Thinking - Students who read widely are exposed to new perspectives and ideas, which in turn prompts them to question their own worldview and the foundations upon which it rests.

Increased Ability to Understand Others - Understanding others is facilitated by our exposure to new perspectives. Reading fiction of literary worth (sometimes known as "literary fiction") has been shown to improve "Theory of Mind," the ability to put oneself in another person's head and comprehend what they're thinking.

The benefits of reading for enjoyment to a student's success in reading, grammar, and vocabulary are evident, but the benefits to a student's performance in other essential disciplines cannot be overstated. Students' success in the sciences, mathematics, and history depended on their reading comprehension and the information it offered.

"The more you read, the more you'll learn. You can only go as far as your knowledge takes you." -Dr. Seuss

*References:*

<https://www.acc.edu.au/blog/reading-comprehension-student-performance/>

<https://www.shsu.edu/academics/education/journal-of-multidisciplinary-graduate-research/documents/2016/WhittenJournalFinal.pdf>