

I AM NOT A ROBOT

by:

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This is mostly the statements among all other teachers battling with stress and battling with the anxieties they may feel as their job and tasks are increasing day by day. They are quite aspiring to have this vacation for quite some time but since due to their busy schedules their vacation time on their calendar had been changed into vacation, decay...tion...meaning most of them has this beautiful thing on their mind and contemplating this for so long and because of this, this has been one of their most frustrating things they might feel. They're now frustrated and has these whole negative things on mind. They are always saying, we are not robots, we can feel and we have this human feelings what we need to rest and we need to become aware of what we can actually need, not just work, but also we need more time for ourselves, our families the most of the times.

With his, having the work life balance, becomes more and more invisible to their timelines. They think that if they are going to take a vacation, will they still enjoy this vacation since they are thinking of the things that they still need to do?

How about the other household chores that they need to finish in their homes? Most of these honest citizens, the teachers feel guilty when they are about to get their vacation, so in the end, what they really look forward is the idea of being retired, so that they could fully enjoy their retirement provisions as well as their time with their family. However, reality check, is when they are retired and so with their other children's age from getting attention from their parents and these are the times when their children are adults enough and they have founded their own families, ending, who are the people that

needed their attention when they are already retired? It seems that the answer is them, themselves. They are back to basic of giving attention only to themselves, making it more frustrating.

Time and efforts are something that we need to look into. We are not robots, yes, but we can do multi tasks, we are good in that. People has great abilities of doing important things and checking these things to become more potent ad functional.

Make our time worthwhile and be cautious of the important things that we need to get and give, we need to attend to and spend with. Afterall, in robots, there can be a re do, in human, mistakes can be challenged into positive things. Let us minimize making the same mistakes over and over again.

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