

GETTING THE LEARNERS READY FOR FACE-TO-FACE INSTRUCTION

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In the situation nowadays when schooling has been set at home since the beginning of the spread of the COVID-19 virus, resulting in an unanticipated pandemic which took the whole world into a different realm, it might be difficult to set and get our learners ready for a full scale back to school and back to the classroom face-to-face instruction.

Our learners have been used to learning at home, even in their pajamas, and just slouching on their sofa while doing self-learning modules (SLM's) or attending virtual classes with their teachers. They have been accustomed to waking up at any time of the day because they did not have strict class schedules to follow at home. They have been comfortable that when they did not know the answers or when they got tired of answering their SLM's, their parents would have them and some would write down the answers on their own. As a result, the learners did not actually learn what they were supposed to.

Even parents were so used to having their children around. They did not have to send or fetch them to and from school. The very reason why many learners did not participate during the limited and progressive face-to-face instruction towards the 4th quarter of the last school year was that parents did not have time or transport service to send and/or pick their kids at school.

For this school year 2022-2023, the full implementation of 100% face-to-face instruction will be realized. Parents and learners will now have any choice at all but to go to school and study physically in the classroom. Since in-person classes will soon be

implemented, it is important that we, as teachers and parents as well find ways to get the learners ready for the physical learning modality soon.

According to the article "Adjusting to In-Person School: How to Help Your Child," we can all start by creating routines. We can do this a few days before the school opens. There should be an adjustment in the wake-up time depending on the class schedule of the learner. The same should be done for the sleeping time as many learners have been used to sleeping late since they did not have to attend school the following day. After all, they only studied at home.

Next is to help our learners organize their things and what they do. Whether at home or in school, children should know how to organize and keep their learning materials in place and how to put things back after using them.

Another is to help our children socialize in the neighborhood, so they will not feel too bashful when they are in class.

We should also learn to give praise and positive comments when they behave well or when they do something extra ordinary, so their morale will be boosted, and they will have a better attitude in school.

The teachers and parents should help and support one another in making sure that the learners will be ready when they go back to school.

References:

Adjusting to In-Person School: How to Help Your Child
<https://kidshealth.org/en/parents/in-person-school.html>