

## UNDERSTANDING PEOPLE

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Each day in our lives requires us to interact with different people with different beliefs, behaviors, personalities, mindsets, experiences, and a lot of other things that create each and every one of us unique. Understanding other people is a really essential ability that will help us get through our lives and be in harmony with other human beings.

Being able to understand other people will let us develop empathy with them. We will be able to react accordingly as soon as we realize what they're going through or what they had experienced in the past. It will help us reach out and connect with them, therefore forming a bond with each other. We can also benefit from it as we develop self-awareness of our very own actions and reactions.

Understanding other people also widens our knowledge of different cultures and beliefs. It will help us form the respect needed in order not to offend others in their ways. This is definitely helpful when we visit foreign cities or countries. We can blend and adapt to their culture in a short time. In today's work setup, where we can work with people of different nationalities online, it is essential that we can understand them at least on a professional level. It's a plus for them if they see that you can understand and respect their beliefs.

We can also develop our patience and tolerance for other people if we're able to understand them. We can avoid situations when a person acts in a way that's not acceptable to us, and we react negatively because of the fact that we don't understand

them. Being able to recognize the reason behind that reaction can easily prevent further conflicts.

In the corporate world, being able to understand other people is a passive skill that everyone needs to have, especially those who are in a managerial positions and higher. People open up with their workmates only if they feel that they will understand them. And this is really important. This forms a bond and respect between you and the people you are working with. Resulting in a more efficient, harmonic, and productive work environment. There is no greater workplace than a place that is full of trust, respect, and empathy.

This is also an essential skill if you want to be a leader. A leader can only be efficient if he can communicate with his followers with respect and understanding of what and how they feel. There are many great leaders who go out of their room and form a bond with each and every one of their employees, creating a deeper attachment and personal responsibility of making the organization succeed.

To sum it up, understanding other people is what is needed to make our current world a better space for everyone. It will help lessen conflicts from a small to a huge scale. If all people are able to understand each other, then there's no need for us to worry about most social-related issues. It is a passive skill that will undoubtedly create a harmonious world with everyone respecting and empathizing with each other.

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(Collins & Lazier, 2020, pp. 65-70)

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