

TO COMPETE IN A HEALTHY WAY

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Nowadays, it is believed that everyone is naturally competitive. Always beginning at home, it gradually spreads outside of society. Schools, workplaces, and competition sites are the most typical settings where rivalry is rife. The tendency or desire to strive and succeed is how Merriam-Webster defined competitiveness. This phrase is frequently used since there are many different skills in the world, which leads to rivalry.

Although competition shows a drive to better oneself, we cannot deny that it degrades work caliber. As previously stated, kids strive for honors and high grades, using schools as an example. Every student, at every educational level, is under an unhealthy amount of pressure that begins to compromise the quality of their ability to learn.

It is a known fact that kids are bullied and lectured by their parents and the educational system to improve and advance in every topic, which is difficult for them mentally and emotionally, with their grades serving as the foundation of their place in the classroom. They are not in a position to choose whether to continue their study or get a solid comprehension of diverse subjects. Instead, from the beginning of their academic phase in school, students must follow a schedule- and syllabus-bound educational system.

As a result of the evaluation pattern, learners who desire deeper learning experience demotivation. Their positions are determined by their scores, from rote learning or memorizing facts through constant repetition.

When comparison takes place, where priority is given to pupils who can manage hectic activities and are capable of repeating them while others are left suffering, the quality of learning is most likely to decline.

Although transitioning to high school and college brings out the best in students because they suggest an application-based type of education, which can be an effective way of learning, an examination-oriented system still implies competition. Still, it opens the door for students to develop their unique learning styles

Creation of the underlying notions. Today, there are quicker and more accessible alternatives to academic tasks, and resourceful students have adopted these methods. Online, a variety of materials are widely accessible. These are located in the online world. Students who use the internet will create a more competitive climate where they can cheat to get the grade they want even when they don't understand the subject.

Application of concepts and comprehension are therefore overlooked. There is no question that the educational system is faulty since it prioritizes concept development over learning assessment through test scores for kids. Students' disregard for the value of a high-quality education is primarily a result of their ambition to compete academically. While the opposing side is losing, the winning side receives the admiration of the majority. A person may experience traumatic events due to losing it because it is the least unpleasant item he is frightened of losing.

It's no secret that competition is the cornerstone of success in the modern world. Still, it should always be maintained healthily because a competitive spirit breeds successful careers. However, competition frequently leads to an unhealthy mindset that impacts the person's personal life and the environment in which he lives.

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