

POSITIVE DISCIPLINE FOR THE NEW GENERATION

by:

Joven B. Aparejado

Teacher I, Doña Elementary School

The generations are changing. Every generation is different from another. Dealing and teaching with new generation may be challenging especially now that we have modern technology.

Gone are the days that corporal punishment is being implemented in class to impose discipline. Using fear to establish authority is already a taboo. In the present times, many learners are experiencing mental health problems and traumas. With such circumstance, harsh criticism and negative reinforcements are highly discouraged.

To inculcate morale, teachers and parents are persuaded to utilize positive discipline. According to the research, it is found out that, those learners who are more likely to perform better and strive harder if they are motivated, praised and encouraged. If they feel good about themselves, they are likely to perform better and higher than expected.

On the contrary, hearing harsh criticisms tend to crumble their confidence, this in return, prevents the learners from excelling and striving. If they lose self-reliance, how can we expect them to thrive and shine? Ridicules and negative feedbacks only dishearten our learners to do their best. It only holds them back from reaching their full potentials.

In the olden days, learners experience strong discipline. This kind of discipline allowed them to be strong and be dedicated to succeeding. Such discipline, however, is seemingly not applicable to the new generation. It may only hamper their growth. It may only instil fear and frustration among learners.

What we need now is to develop a culture of respect and self-acceptance. We can implement discipline in a way that learners' self-may not be destructed. This generation needs positive discipline and motivation. We do not need a generation of high intellect individual yet low in morale and confidence. The present generation needs encouraging words. Let us help them become a generation that excels in grace and encouragement.

References:

[https://resourcecentre.savethechildren.net/document/what-positive-discipline-positive-discipline-everyday-](https://resourcecentre.savethechildren.net/document/what-positive-discipline-positive-discipline-everyday-teaching/#:~:text=Positive%20discipline%20in%20everyday%20teaching,-Publication%20year%3A&text=Positive%20discipline%20is%20an%20approach,active%20participation%20in%20their%20learning.)

[teaching/#:~:text=Positive%20discipline%20in%20everyday%20teaching,-](https://resourcecentre.savethechildren.net/document/what-positive-discipline-positive-discipline-everyday-teaching/#:~:text=Positive%20discipline%20in%20everyday%20teaching,-Publication%20year%3A&text=Positive%20discipline%20is%20an%20approach,active%20participation%20in%20their%20learning.)

[Publication%20year%3A&text=Positive%20discipline%20is%20an%20approach,active%](https://resourcecentre.savethechildren.net/document/what-positive-discipline-positive-discipline-everyday-teaching/#:~:text=Positive%20discipline%20in%20everyday%20teaching,-Publication%20year%3A&text=Positive%20discipline%20is%20an%20approach,active%20participation%20in%20their%20learning.)

[20participation%20in%20their%20learning.](https://resourcecentre.savethechildren.net/document/what-positive-discipline-positive-discipline-everyday-teaching/#:~:text=Positive%20discipline%20in%20everyday%20teaching,-Publication%20year%3A&text=Positive%20discipline%20is%20an%20approach,active%20participation%20in%20their%20learning.)