

WHAT TO CONSIDER IN LEARNING AMID COVID-19?

by:

Rheinadel J. Cruz

Teacher III, Alion Elementary School

Coping with what will be the new norm in Philippine education, three public teachers share their insights on what should an educator consider doing in these trying times. Aside from securing the students' academic skills, it is also important for these lecturers to check the emotions and mental health of their students.

- Constant communication with your students and their parents. Building a parent-teacher relationship and maintaining regular communication will help you know the students' needs. This may boost their morale and academic performance.
- Talk about COVID - 19 and their fears of the disease. This will be an opportunity for the teachers to learn what are thoughts of their students toward the disease. It will also be an opportunity to remind them to reflect on the sources of their news to avoid misinterpretation and false information.
- Use a positive tone and optimistic language. Using a positive and hopeful tone while teaching will help build and maintain positive, trusting relationships between the students. • Consider creating an outlet of expression. Or creating a community where the students can share what is happening to their lives. We should be reminded that more than the classes, these students also left their peers and non-academic activities.
- Lend a helping hand. Most important is to ask each of the students how you can help them in this time of uncertainty. Being a public teacher means going the extra mile to deliver a good quality of education while maintaining the well-being of the students.

Although different challenges are faced by these educators, they ensure that the students continue to learn in the most effective way.

References:

<https://www.unicef.org/coronavirus/8-teacher-tips-student-mental-health>