

PSYCHOLOGICAL EFFECTS OF PANDEMIC TO PUPILS' BEHAVIOR

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Looking back over the past two years and the harsh impact of the pandemic that continues to this day, it is clear that one of the hardest hit sectors has been education. Neither the world nor educational institutions were ready to accept the shift to online platforms, which took place at the speed of light. Education structures have been already failing our youngsters even earlier than the pandemic. COVID-19 has exacerbated this mastering disaster and kids in nearly each that have fallen in the back of their mastering.

Students, parents, and teachers have all faced numerous difficulties as a result of the COVID-19 pandemic. We are now learning about the broad effects on pupils as a result of schools being shuttered, physically isolating restrictions, and other unanticipated changes to their life. Children who already manage mental health disorders have been particularly vulnerable to the adjustments. In some ways, the COVID-19 era looks like the perfect time to teach students how to cope with the severe melancholy, loneliness, and anxiety they are experiencing. But is that the correct message to impart on kids during the horrifying natural experiment known as the corona virus—to push through adversity, recover from failure, and emerge stronger? Or maybe the focus should be on compassion and empathy.

Mental health professionals are concerned about the psychological impact on a younger generation that was already dealing with skyrocketing rates of depression, anxiety, and suicide before the pandemic. This generation was also cut off from school staff members whose open doors and compassionate advice helped them develop self-esteem, navigate the pressures of adolescence, and cope with trauma. It is estimated that

55 million children and teenagers have been isolated from these individuals. Taking action to support students is crucial at this trying time, whether they are taking classes in person or online. For us, it entails more than just ensuring that kids adhere to lesson plans and perform well on assessments. The social, emotional, and mental health requirements of the students in our neighborhood are a concern of ours. These tools can be used by both parents and students.

References:

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