

## CREATING A POSITIVE CLASSROOM

by:

**Jonathan P. Tabbun**

*Teacher III, Samal National High School*

It won't take a day or two for you to transform your classroom into an atmosphere conducive to healthy learning. As you modify your room, you will gradually see changes in your students and the quality of your education. This often involves learning from your mistakes and progressively adjusting how you react to different situations over time. (Riden et al., 2019) even posited that teachers are unprepared to address classroom behavior problems, that student misbehavior interferes with their education, and that students with severe behavioral issues often consume too much of their instructional time. This article will highlight five tactics that may aid you in making minor improvements to your daily routine that may result in a more positive classroom atmosphere. These adjustments can be as simple as encouraging students to share their hopes and dreams for the future.

1. Self-discipline. Teaching your class will become much more manageable if you learn to control your emotions and keep your temper in check. Exercise self-control regarding your feelings, body language, facial expressions, tone of voice, and chosen words. Give students causing disruptions some "wobble room" to avoid more intense physical or emotional confrontations later.

2. Stop taking things personally. Put an end to taking things to such a severe level. Keep in mind that if a child displays poor attitudes or behaviors or uses vulgar language, this has nothing to do with you and is not directed at you in any way. It will be much easier for you to be less judgmental and view things from all angles after you have mastered the skill of detaching yourself from the circumstance and gaining some distance

from it. You will also be more able to determine whether or not a student is agitated. These will make the issue easier to settle and less hazardous overall.

3. Adopt humor instead of sarcasm. Your students will recognize that you are human and feel more at ease with you if you can laugh at yourself since this will convey your humanity to them. If you anticipate a potentially "destructive" or "difficult" event, you could find that a moderate amount of humor helps relieve some of the tension associated with the situation. Conversely, sarcasm exacerbates any stress that may already be present and often complicates matters. Additionally, it could be hazardous to your eyes. On the other hand, you could already know that your students are far better at sarcasm than you are, both in terms of their ability and speed, so it would be a good idea to try to eradicate the use of irony in your classroom.

4. Keep things simple. According to (B. Morton 2022), it is complex and challenging to establish a constructive classroom atmosphere conducive to the intellectual, social, and physical growth of youngsters and adolescents. At the start of the school, set some ground rules for your class and ensure everyone is aware of them. Make it clear to the children that their personal and academic development will benefit their ability to obey and abide by the rules. Any unpleasant circumstance may be made to seem less emotional and more readily accepted by placing a few unassuming posters in locations where they have the potential to be repeated favorably and have the most effect. Create a list of the ground rules for your classroom and put it on the bulletin board so everyone can see it. It is also essential to highlight any fundamental school rules. Everyone should review these principles every once in a while, and they should do so more often if there is a growing issue. When you are preparing your daily lessons, be sure to keep these rules in mind and incorporate them.

5. Show that you are secure in yourself, knowledgeable in your field, and genuinely interested in hearing what your pupils and coworkers say. Act as if you have confidence, even if you don't, and you'll be surprised at how much people trust what you

say. There are a variety of online teaching resources at your disposal if you want further aid or direction in establishing a pleasant atmosphere inside the classroom.

(Zulfiqar et al., 2020) argued that it is vital for a teacher to cultivate a constructive learning environment to make the language classroom appropriate for learners and create an environment in which students can work together. Learners are more likely to retain information in an environment where they feel comfortable participating actively and synergistically with their classmates. Additionally, this promotes the learners' emotional well-being, which is essential for their learning and emotional growth.

#### *References:*

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