

ASSOCIATE WITH POSITIVE PEOPLE

by:

Katheryne R. Huertas

Teacher III, Orani National High School

If someone is serious about becoming a better person, the first prudent move they should take is to ensure that those in their inner circle or in continuous contact with them are always of a positive character.

The widespread consensus is that whatever positive values and habits these positive minded associates have will eventually be copied and adopted by the individual as well.

Negative people are continuously looking for methods to bring themselves and others down. Maybe it is because they're more at ease while everyone else is sad. Or, perhaps, they wanted to feel superior with other people.

Positive people, on the other hand, will spend the time and effort necessary to instill or effect as many optimistic values as possible in someone who aspires to have the same positive attitude on life as them. They would want optimism be reflected to others as well.

The ability to be excited about nearly everything, an uncanny zest for life, a desire to try anything, cheerfulness, and inspiration are just a few of the good characteristics of positive people. All of these character traits are incredibly appealing to be a part of, and if a person is willing to be lead, they can learn to see things through the eyes of these positive people and therefore begin to truly love life.

It is also important to associate with positive people whenever the opportunity arises, both intellectually and in terms of developing stronger character. Positive people are usually well-informed and always up to date. They normally make a concerted effort to stay current on everything.

Therefore, taking it a step further and making a purposeful effort to surround oneself with positive is the ideal recipe to follow.

References:

Katherine, S. (2021, February 6). Why you should surround yourself with positive people. Sara Katherine. <https://sara-katherine.com/2017/07/positive-people/>.