## THE CIRCLE OF LIFE

by:

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They say that everything that has a beginning has an end. Some calls it the inevitability of death, while there are some who says that it's the circle of life. I often wonder why they called it a circle of life when in fact when we die, there is no turning back. Everything ends in death.

One of the saddest moments of my life for the past two years of the pandemic was when I and my son got struck by the disease back in December of 2020, which made me felt so down. The thought of dying caused me so many worries not for myself alone but for those I will leave behind. When I and my son survived the disease after almost a month of isolation, I praised the Lord and even sang Him a song, "Ang puso ko'y Nagpupuri sa Panginoon. Nagagalak ang aking Espiritu. Sa 'king nagpupuri. Tagapagligtas!..." My Covid experience was my first up and down at that time. I thought that 'that was it' and my life will just go back to where it was, however, just a few months later, my dearest mother, whom I have tendered when she had a mild stroke a few years back, died. Again, I was put into great emotional pain and distress. I felt so extremely down as if the whole world was against me. Yet, I had to go on, I had to move forward, I had to be strong for my son and for my husband. I knew that the Lord will never abandon me, and in my joys, He rejoices for me and in my pain and suffering, truly He carries me, as the poem Footprints in the Sand wrote, "Whenever you see only one set of footprints, it was then that I carry you..."

These enigmatic experiences made me realized the subtleness of life that each of us must see deeply and thoroughly by way of constant reflection. Life presents to us a circle that we must inevitably travel, and as Rick Warren ask in his book, The Purpose Driven Life, "Is there a reason for everything?" my realization was quite simple, life presents to us so many possibilities that we mostly ignore and take for granted in which we only realize their worth when we are confronted with the possibility of death.

## References:

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