

STEP ON THE BRAKE

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Do you want to drive a Ferrari with a faulty brake? This is a clear question to be answered easily by anyone. Of course, we all want to own a luxurious car like Ferrari but to drive it with a faulty brake? The answer definitely will be a big NO.

Come to think of it, it is an expensive car, a beautiful and branded one but nobody wants to drive it because of its faulty brake. It may start as you wish, but you can't control it to make it stop. Without its capacity to be controlled by the driver, this Ferrari car seems to be useless. It can't serve its purpose as a creation.

Control in everything is indeed important. It really matters. In this life, quality of a man can't be measured only by physique, mentality, or even status. There are so many things more than these. If you will lose control over yourself, those things are all for nothing.

Relatively, Bradley Busch stated that self-control is a fundamental part of learning in the classroom. If students can maintain focus and block out potentially exciting but handicapping short-term distractions, they can benefit from sustained improvement in their intellectual domain.

As self-control is significant for the students in the process of learning, it is indeed vital too in the part of the teacher for the progress of the teaching-learning process.

In teaching, educators are facing students with variety of characteristics, attitude, and needs. With these, we should have a deeper sense of understanding toward the learners. In my own opinion, one way of attaining such is by having self-control over

oneself. Controlling oneself will lead an individual to think critically and to come up with better decisions or responses over a situation.

We can consider living this life a test: an assessment of many aspects of us. Sometimes, it could test our minds, strengths, patience, and even our faith. But, if you will put in mind and live the idea that no one else controls you, that you have the full responsibility and power over yourself, you will see that you can pass this test of life with an A+ rate.

Thus, self-control is one of the major characteristics that an educator must possess and develop in order to achieve a harmonious relationship in the process of teaching and learning.

References:

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