HOW TEACHERS COPE IN THE NEW NORMAL

by: Eleanor F. Carcha Teacher II

The government and Department of Education impose the new normal system because of the Covid 19 pandemic; thus, a new learning mode has been introduced. The traditional face-to-face classes have been changed into distance learning using online and modular learning to continue pursuing the education system. Inclined with this, teachers who are the foundation of education who provide millions of students a high-quality education cooperated and agreed with this new system to give every learners a quality education despite challenges in learning due to the pandemic situation.

If students struggle to cope with the new normal, teachers are also affected and trying to cope with the new normal. Teachers and all educators are adjusting and trying to strive harder with the latest learning system, letting them feel as if they are still in the traditional face-to-face classroom. Teachers who also have limited knowledge in using digital media and technology are now trying to learn how to explore and use technology to give quality education to their students. In this situation, teachers have an extended range of patience and understanding for students who sometimes have an incomplete set of activities and requirements. Despite any interruptions and problems the teachers face, they are doing their best to give their full potential to accompany their students and provide good quality education. Teachers also have their families and kids who need to cope and strive to deal with the new normal. They are managing their time and trying to balance their work-life and their responsibility to their family. Stress and overload of works are also part of their duty. In the new normal, teachers have various things to do, but they fill up those duties with their utmost best and serve us their full potential to give us quality education.



In this time of the pandemic, everyone is affected and striving hard to adapt and survive. Teachers who are the main character in providing every learner a good education face difficulties and challenges, but they do their best to fulfill their responsibility as a teacher—a big salute to them.

References:

How Teachers are Coping With New Normal of Learning.

https://www.panaynews.net/how-teachers-are-coping-with-new-normal-of-learning/
Self Care For Teachers. https://www.graduateprogram.org/2020/11/self-care-for-teachers-as-they-navigate-the-new-normal/

depedbataan.com

The Official Website of DepED Division of Bataan