

DRAINAGE

by:

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How can a person think right? How can one be sure that he is making correct decisions? How can an individual help himself to have a strong mind and act correctly to circumstances? These are the few questions I have in my mind before but now, I could say I was able to gain some answers.

When your mind is being filled with thoughts, talk to yourself, ask yourself, and let your mind be free to identify first whether this thought is true or just a presumption. There is always the truth that will lead you to the right path and a presumption which sometimes mislead you. It is the same to having positive and negative ideas in mind. With that, what should you do? It is very simple, you have to clean your mind. You must provide a drainage for those unhelpful thoughts in your mind for it will ruin your well-being.

According to Margie Warrell, many people tend to stick with what they know and avoid situations or challenges which they may mess up or be forced to learn something new. Thus, they create a safe, secure, comfortable, and confining world for themselves. She also stated that what it doesn't do is to prepare people to adapt to future that may well require an entirely new set of maps.

In the teaching-learning process, educators should know what, when, and how to unlearn things. Assessing is a good way to determine what are the knowledge and skills that are still useful and appropriate in order to enhance and develop the learners. Strategies and techniques which are effective now may not be in anymore in the future.

Ways and means of teaching which are efficient for a certain student may not be as effective to others.

Hence, teaching is primarily about the needs and welfare of the students and not about what and what an educator is just capable of. Major adjustments go alongside win this profession. Educators' vision is to be the best version of themselves so they can mold and prepare learners for a brighter future. One way of doing so is for educators not to confine and secure themselves in a room or a place where they already became masters but to explore new settings where teachers can start again as neophytes. From there, they may become accomplished experts of a recent and new knowledge and skills.

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