

## ADOLESCENTS AT RISK DURING THE PANDEMIC

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Coronavirus Disease poses a serious acute threat to public health, and it has the potential to have an unanticipated long-term impact on the mental health of children and adolescents, if left untreated. Children and adolescents appear to be at a reduced risk of acquiring severe COVID-19 symptoms than adults; yet, the pandemic has had a significant influence on their lives in other ways. Teens often have a tough time dealing with social isolation and disruptions to their regular school schedules.

As this pandemic brought significant impacts to every entities, it is undeniable that the virus outbreak has exposed the most vulnerable sector of the society and is the most affected one. The exposure of children in pandemic is very serious. Among children at risk are exposed to a low-income group. Children on this group experience academic stress thinking on how to adapt to such changes. This academic stress will later lead the children to symptoms of depression, anxiety, and in severe cases suicidal attempts. Much has been said, there is an existing disproportionate impact on the students who are living in poverty.

The lives of these youngsters are profoundly influenced by the choices made by their parents. It is because of their presence that children are more equipped to deal with the challenges of their age. Prior to this, they were in the process of achieving self-sufficiency and independence. As children grow up and mature into adults, their parents have a tremendous influence on the personalities that they develop in their lives. The parents' attitude toward their children should be one of openness and receptivity. Many single parents are raising their children, despite the fact that the fundamental job of a parent is to assist their children in achieving success.

Those children whose biological parents are no longer present have suffered horribly as a result of the pandemic. Children who have been separated from their parents may be disproportionately affected as a result of the COVID-19 issue. According to a recent national poll, an estimated one in every six children is raised by a single parent, who is most typically the child's mother. It is the mother's responsibility to care for her children while also working in the case of a pandemic, as she will have little or no recourse to institutional or informal childcare support. Consequently, children are exposed to a lack of supervision, resulting in increased tensions and conflict between parents and children in the family unit.

The economic circumstances of students from single-parent families are more likely to be poor, which has an impact on their academic achievement. It was hypothesized, for example, that the amount of child alimony paid to the absent parent has an impact on the family's total income. The number of cases involving non-payment of child alimony will increase as a result of the economic crisis that is affecting everyone. Every year, an increasing number of children whose parents have divorced are being separated between two homes on a permanent basis. Access agreements may be jeopardized as a result of restriction measures. For a lengthy period of time, these children will be separated from both of their mothers and fathers. If this produces fear and emotional uncertainty in youngsters, it may result in future conflict between parents and their children. The education of children who have only one parent is jeopardized as a result of this situation.

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