ACTION SPEAKS LOUDER THAN WORDS?

by:

Rhodora R. Parreñas

Teacher II, Samal National High School - Annex

Jose Rizal, our national hero once quoted that the pen is mightier than the sword. This adage was originally written by Edward Bulwer-Lytton in his drama entitled, "Cardinal Richelieu" (Jimenez, 2020). What this adage means is that written statement of dissent is more powerful and effective than any act of war or rebellion. By way of circumspection, it is true enough that in this case, words are more powerful than actions, however, this doesn't follow all the time. There are instances that words fall short and that one has to resort in understanding the actions to know and understand the message being conveyed. In this sense, action sometimes speaks louder than words.

Words are either written or verbal expressions of our ideas. Yet, there are cases of people who do not have the capacity to put these ideas into either written or verbal words such those with physical deprivation (the visually impaired and the hearing impaired). There are also those who simply do not want or feel the gut to tell other people what they feel or what they want to say such as those whose love language is action or service. In an article posted by the Family Centre (2020), those whose love language is service, or action are those who shows their love by extending any form of work or service towards the person they love to ease their workload. However, these people very seldom say what they feel and are often misunderstood as unable to express their love and affection.

With the above premises, I asked myself, how do I express my love? What I mean by love here is not limited to couples, rather, it is more filial the way I love my children, the way I love my students and the way I love my friends. Well, I would say that I am an affectionate person. I do tell the people I love that I love them, and I do care for them. I



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still do believe in expressing this love in words. However, just as Jesus tells his disciples to "love one another and do good for one another" He is saying two things at the same time, "say what you mean and mean what you say." If we say for example. that as teachers, we profess that we love our learners, then we should also at the same time make them feel that they are loved and cared for. Love is easier said than done. No matter how many times you say that you love your students, yet you would always fail to prepare your lessons because you were busy watching K-Dramas or you were engrossed with some other things neglecting your sworn duty as a teacher, then those words become meaningless and useless. So, does action speaks louder than words, I would say, it really does.

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