

## WAYS TO DEVELOP STUDENT'S SELF ESTEEM

by:

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Just like everyone, your students will have unique qualities that make up their individuality. Moreover, environment in which student is raised and genetics are factors in the development of their qualities.

Each student has something unique to be offered to the classroom and to the world. In the midst of growing up, sometimes these special qualities often get clouded by the need to be accepted and to follow the crowd. The students succumb to the pressure from peers and squelches all of the things that make him/her unique in order to fit in. This is where the teacher can step in and encourage students to be themselves incorporating activities in the classroom that foster self-esteem.

### 1. Recognize the Student's Strength in the Classroom

Find something the student excels at and emphasize this strength. If the student is good at one aspect of a classroom lesson for instance, let the student assist other students who are struggling with this aspect of lesson to recognize the student for this strength. Many times, you will find that if students are recognized for strength, they will strive to achieve in other areas.

### 2. Be specific with compliments

Telling the class that you are proud of them does not convey to the students why exactly you are proud of them. Praise student individually and let them know exactly what it was that they did that made you proud of them. They are more likely to repeat achievement and be more attentive in the classroom environment.

### 3. Display your Student's Work

Students look for approval and recognition from adults and displaying their work is a great way to communicate praise, as well as provide student with the advantage of receiving praise from others. The student will be more likely to turn out their best work if they know that others will be viewing their achievement.

### 4. Show respect for the student

Your students will come from a wide variety background and in some cases; the student's trust in adults has been breached. This can occur through abuse or neglect in the home environment, belittling from another teacher, a crime committed against the student, and many other unfortunate related incidents.

Establishing a trusting relationship with some students takes time and patience and is not an easy task. Show your respect for these students consistently, and the student will most likely eventually begin to trust you. Remember if your students trust, they will be more relaxed in the classroom environment and more receptive to learning.

#### *References:*

[www.education.com](http://www.education.com)