

THE PERILS THAT THE LIVER IS FACING

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Our liver is an amazing organ, for it can repair itself. If one section of the liver got injured, the other part will do the task of the damaged one until the regeneration finishes. However, our liver is exposed to many illnesses that can destroy it and... our entire body.

According to Edward (2019), jaundice is one of the first problems that our liver may encounter. It starts when bilirubin begins having trouble in its production. Bilirubin is the yellowish-brown pigment originating from the bile. The yellowish color on the patients' skin will be notice as well as the white of their eyes.

Moreover, another of liver diseases is hepatitis which is the swelling of the liver. It may spark from autoimmune diseases, infections by bacteria, and too much contact with some chemicals. Hepatitis can come in the form of hepatitis A virus or HAV. HAV can give an individual jaundice and symptoms that can be compared to flu. It exists in the feces of our intestinal tract giving way to hepatitis A. This is the reason why there are widespread cases of hepatitis A in places with inappropriate sewage.

On the other hand, hepatitis B can bring more harmful effects to us. It can be found in our tears, saliva, blood, and semen. And since it can be found in semen, it can be shared through sexual intercourse without proper protection. It can also spread by using the things that punctured the patient's skin like needles. It may keep itself working in one's body for an extended period or even in years after the infection occurs. Because of this, instances of liver damage may occur.

Drinking alcoholic beverages can also lead to liver diseases like chronic hepatitis. When this happens, our liver cells may experience destruction. If not given serious and appropriate attention, the condition of the liver may lead to cirrhosis. In this, blood that flows to our liver is lessened. Because of this, the toxins in our blood will not be removed in the way they should be. Sudden loss of liver function may lead to acute liver failure that needs a liver transplant.

Our liver plays a significant role in giving us good health. It takes care of all of us by the time our mother gave birth to us. But let us not forget that our liver needs a caring owner, too.

References:

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