

ROADTRIP, ANYONE?

by:

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Every day teachers are inspired to go to work and see the beauty of life. With or without the motivation to practice their profession they still go on with their daily routines.

The last 2019 pandemic shocked the academe, and this made everyone anxious and genuinely sad. Some are affected mentally, some emotionally, and some financially. Whatever the effect of this COVID 19 on the people and the school, one thing makes it more valid, that the COVID 19 affected more the people than they ever know.

As the day-to-day basis of life goes on which is also another way of saying that teachers must be strong and happy even though these are all happening, teachers need some tender loving care while they attend to the academic needs of the students and pupils.

Most of the time teachers are saturated with the things that they are doing as this includes all their time, effort, and money. So, with this, it can be delightful and worth thinking that once every summer or in a year going on a vacation or summer getaway is fun and wonderful. So, what are the things to consider before going on a trip and release yourself from the worry and burden as well as guilt that what you are doing is really a way of relaxation and love for yourself?

Kindly consider these suggestions such as:

Try to finish all the work and tasks before going on a vacation or trip, surely you do not want that while you are in the middle of a float someone is calling you from the cottage and asking you to answer a business call.

If it is hard for you to leave your children on a trip, it is better that you bring them along with you as this may increase your happiness and leaving them in your house may increase also your tension.,, so go with them and savor the moment you have with your kids while they are still young, fun and sweet.

When choosing a road trip, a vacation or a simple outing try to choose something which may give you Zen and zest, as well as peace of mind, avoid bringing yourself to such places where it could remind you of work

Lastly, when setting all of this try to ask for experts and divine guidance so that you will know what to do before during, and after, Afterall the main reason why you want to have these is to relax and be genuinely happy.

References:

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