

POSITIVE ENVIRONMENT AT WORKPLACE

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A positive working environment is essential for company culture and employee satisfaction. Everything is influenced, from stress and mental health to motivation and efficiency. However, creating a happy work atmosphere requires more than just changing the color of the office walls.

The first thing that comes to mind when you hear the phrase "working environment" is a physical area. The color scheme in the conference room, the desk you sit at, and how near you are to the coffee machine. However, the physical environment is only one aspect of the working environment. Employees who enjoy their jobs, get along with their coworkers, and look forward to going to work are more likely to go above and beyond to help the firm succeed. A positive workplace culture acknowledges each employee's value, dignity, and worth, which benefits both the individual and the company.

Pleasure and performance are inextricably linked. Employees were 13 percent more productive when they were pleased, according to an Oxford University research. A happy work atmosphere allows workers to finish tasks more quickly, improving overall productivity and allowing them to advance up the professional ladder more quickly.

Mental and physical health require positive interactions with superiors and coworkers. Empathy, reciprocal esteem, gratitude, and understanding characterize supportive relationships. Employees who work in a happy environment have fewer health concerns at work and have better attendance records. They take care of themselves and use their breaks to rest and de-stress.

Creating a culture of team cooperation in which employees at all levels feel like they are part of a team requires building strong connections amongst all of your employees. In today's remote working culture, when workers may have few opportunity to interact physically, it's more crucial than ever. Employers must be aware of what is going on with their employees' well-being, and they must display that awareness. Employees who believe their leaders interact with them openly and honestly are considerably more likely to respect their employer and feel pleased about their workplace.

The backbone of organizational operations is teamwork. A positive team works together in the same direction and watches out for one another. Individual acknowledgment becomes less vital than collective aspirations. Teams thrive in a positive work environment because they enjoy their interactions and place a premium on cooperation over competitiveness. On the other hand, teams in a toxic work environment may endure tiredness, poor communication, rivalry, backstabbing, and pessimism.

Employee satisfaction, productivity, and development are all enhanced in a positive work environment. Good working methods, relatable goals, a supportive environment, and a trust-based culture are all factors that contribute to this.

References:

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