

ONLINE GAMES ADDICTION

by:

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What is online game addiction? It is defined as the obsessive use of video games online games. It had been a source of leisure not only the young individuals but also the adult. The pandemic had brought people into lockdown. And it is not surprising that just like any other outdoor game, basketball, and volleyball, online games player does it enthusiastically and deeply. This can lead the child to spend more time playing ignoring their health and other harmful effects of playing it. Though playing online is more fun than playing with others, it is now transitioned that they do playing inside a single room.

Lately, the number of participants playing a single set of games abruptly increased from acquaintances down to several strangers. Parents and guardians are advised to limit their child's point in time facing the gadgets while playing online games. They must also be a keen observer of the changes that took place in their child since they can communicate or collaborate with other players online. Just like with the famous Roblox, players do not know who really, they are playing with. Identities are hidden. And that is tough to validate because they talk in their jargon which people outside their world do not understand. Online games are perceived to be a sedentary hobby. There are new games that include more motion and movement which is why parents are advised to monitor if their child had a minute of a break after an hour of playing in front of the screens.

There are studies that proved that playing online games causes a lot of damage to a person playing it. It may affect their socialization health and even mental prowess.

References:

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