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BEING HAPPY INCREASES WORK PRODUCTIVITY

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Yes, happiness is the secret to team productivity. Happy teams are more energetic and creative and have the potential to do more work. Their infectious attitude can lead to better work and better client service, which in turn promotes client loyalty.

Having happy employees is very important to the survival and performance of the organization. Happier employees work harder and work better as a team and for the team. They are generally more productive. But why does this happiness increase productivity? Why does work joy usually lead to increased productivity? Being happy at work means that you really enjoy your work and love it.

Unfortunately, this is a dream for utmost people. People who enjoy their work are usually very good, and it is those employees that organization must find and maintain. Happy employees not only increase the productivity of the company, but also attract the best talents there. So why are happy employees more productive?

Happiness breeds like a rabbit. Happiness is of a doubling nature- especially when watered, it has the potential to grow throughout the organization. A happier employee means a happier boss, and the cycle goes on.

Employees who enjoy their work set a brilliant example for their colleagues and encourage them to enjoy their work. Managers who enjoy their work also encourage workers to enjoy their work too. Happiness increases productivity because happy employees support each other. When employees have a positive attitude, they are more willing to support their colleagues in achieving the company's goals, especially in group





projects. Happy employees are also more likely to seek help when needed. This is very important for productivity.

References:

5 Great Reasons Why Happiness Increases Productivity (6q.io)

If You Want To Be More Productive At Work, Get Happy (forbes.com) Frontiers | Are Happy Workers More Productive? The Mediating Role of Service-Skill Use | Psychology (frontiersin.org)



