

WOMEN EMPOWERMENT IS NATION EMPOWERMENT

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Women's empowerment implies that they are free to make and own their own decisions. They are not constrained by what society, conventions, procedure, or individuals think, but by what each woman decides for herself at each period of her life. It is the process by which women elaborate and reinvent what they can be, do, and achieve in situations where they were previously denied. Empowerment may be described in a variety of ways however, when it comes to women's empowerment, this involves embracing and allowing those who are on the outside of the decision-making process to participate in it.

Women's empowerment is essential for a society's growth since it increases both the quality and quantity of human resources available for national development.

Women's empowerment and gender equality are critical for our society to secure the country's long-term growth. Many international leaders and intellectuals have claimed that without women's empowerment, sustainable development is impossible. Women would be unable to profit or contribute to the country's growth unless they were included on an equal footing in development.

Proper education improves women self-confidence and also enables them to find better jobs and work shoulder to shoulder with men. They engage in public forums and make demands on government for health care, social security, and other entitlements. Education, in particular, empowers women to make choices that improve their children's health, well-being, and chances of survival.

In reality, women's empowerment is associated with the total development of society. A well-educated lady who understands health, hygiene, and cleanliness may provide a healthier atmosphere for her family. A woman who works for herself is capable of not only contributing to her family's wealth, but she also helps to increase the country's general GDP. A shared source of income is significantly more likely to improve the quality of life than a single income home, and it frequently assists the family in breaking free from poverty.

Education, skills training, raising of awareness, gaining self-confidence, freedom to choose and access to nations resources and institutions that can eradicate gender discrimination and inequality are important things for empowering women which also leads to nation development.

References:

Retrieved from: <https://www.un.org/sustainabledevelopment/gender-equality/>