

## REFLECTION: ESSENTIAL FOR TEACHER

*by:*  
**Mary Grace Bamba**  
*Limay Elementary School*

As the saying goes, "Education is a never-ending process." It should not stop after we acquire degree and begin to teach. Educators should always keep on learning to improve skills and performance. Every teacher must engage in professional development to be more efficient in their work. Continuous development is requirement in every profession like teaching.

One of the most vital sources of personal professional development and enhancement is reflective practice in teaching. Regardless how good you are in teaching, there is always room for improvement that each teacher should accept.

At the end of the day, teacher reflection is important because it is a method that helps teacher to gather, track and evaluate lot of things happened in the teaching. Reflection provides self-awareness in the actions done. It is when having reflection, you understand how your children learn and the excellent ways to teach them. Whenever you reflect on your teaching, you can recognize the hindrances in learning that the pupils have.

Having professional reflection make you focused and meditate where you are, and where you might go. It is a crucial part of learning process, and it is necessary for effective learning and teaching process. It is during self-reflection you can identify your areas of improvement also your strong points.

Do not hesitate to look at yourself and make a change. Bear in mind that whenever we reflect, professional growth is always on our way, and we keep ourselves updated and innovative.

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