

IMPORTANCE OF BUILDING AUTONOMY AND INDEPENDENCE IN YOUNG LEARNERS

By:

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Effective teachers recognize that each child is unique. Each child is an individual who learns and develops at his or her own pace. They understand that different aspects of a student's life, such as personality, culture, and learning style, or how a youngster absorbs and interprets knowledge, necessitate a variety of learning opportunities. To put it another way, effective teachers know how to create and manage learning environments that encourage and challenge all students while also fostering growth.

The development of student autonomy, or self-sufficiency, as manifested by independence, confidence, and interdependence, is one area in which teachers should concentrate. Children with excellent autonomy skills who can make their own decisions, are confident in themselves as individuals, and are comfortable expressing their preferences. Learners with autonomy in a classroom know how to utilize learning materials, are able to work collaboratively with peers, and have the capability to execute good behavior.

Through their experiences, children learn about their surroundings and themselves. Students learn how to connect with peers and adults, as well as explore the classroom and school. Students reinforce their knowledge through their experiences when they visit different learning centers, which are spaces in the classroom designed to allow students to practice their abilities. Exploration by students is at the very heart of learning. Making discoveries from a work assigned by the teacher that they are actually interested in and find tough, as well as the sensation they get from self-direction, is both a fantastic reward and an incredible life skill for students.

Children become more self-reliant as they learn to explore the world on their own and express themselves. They also begin to comprehend how their decisions and behaviors affect outcomes, as well as what they can and cannot control. To assist children to develop a sense of self, autonomy should be emphasized in early childhood education. While children cannot be expected to have complete control over all aspects of their lives, they do require a feeling of ownership over certain things in order to develop confidence. When young learners feel in control and have the ability to make their own decisions, their self-esteem rises. Being able to complete a task on one's own initiative gives one a sense of accomplishment. A child can properly handle and solve problems when he or she makes his or her own decisions. Making meaningful decisions is an important component of their cognitive development, which improves as they consider various options.

The holistic nature of how students learn and the most effective techniques for supporting them to develop into responsible learners are all part of developing autonomy and independence in young learners. In order to create productive learning environments, it is necessary to address the learner's needs in developmentally appropriate ways, which includes fostering strong student connections and listening to each learner's voice. Teachers may help students become responsible for their own learning by adopting the nature of learners' attitudes towards building self-independence. Students can better communicate good decision-making both inside and outside the classroom when their learning requirements and negative behaviors are addressed from a place of trust and healthy connections. These learner-centered approaches to increasing autonomy aid students and teachers in better coping with peer pressure and bullying throughout learners' educational journey.

Giving every student the chance to perform independence and autonomy helps them develop a sense of mastery over their bodies, minds, and surroundings. This

develops self-directed and critical thinking, as well as internal motivation and self-assurance.

While the journey may contain hills and valleys, the teachers can assist students in moving forward and overcoming obstacles. Teachers may produce successful persons by cultivating autonomy and independence abilities.

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