

ONLINE MOBILE GAMES, VICTORY OR DEFEAT?

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Mind sports are games that are played to demonstrate one's cognitive capacity. Some of the most popular mental sports in the Philippines are Scrabble, Sudoku puzzles, Rubik's cube competitions, and chess. As technology advances in the twenty-first century, so do the varieties of mind games. E-sports, often known as electronic sports, took the Philippines by storm. There are approximately 43 million users players, a figure that has constantly increased by 12.9 percent every year since 2017. The abundance of smartphones and mobile internet is boosting this expansion. Mobile Legends, one of the country's most popular Multiplayer Online Battle Arena (MOBA) games, is at the top of the gaming market. DOTA2 and League of Legends are two other MOBA online games. Shooting games such as Player Unknown's Battlegrounds (PUBG) and Call of Duty Mobile are also popular among Filipino players. These games' purpose is to provide an entertaining and competitive environment in which players can play with a friend or with other people while on screen. It is critical to comprehend the advantages and disadvantages of this issue because only a small percentage of children cannot keep to this culture.

According to Queensland University of Technology research, games can help children enhance their comprehension skills. In games, children are typically instructed to follow directions, consider their actions, and respond to difficulties. This can aid in the development of critical thinking skills such as environmental awareness, attention to detail, problem-solving, and planning and communication abilities.

It is also recognized that these games assist players to build leadership and collaborative abilities, as well as the ability to adapt to unexpected situations. When we examine the benefits of online games more closely, it can be seen that proper use of online games can contribute to the enhancement of students' 21st-century learning skills. A complex problem that students meet while playing these games can help them improve their critical thinking skills and creativity in solving it. In these games, metacognition is also developed so that players can examine their own abilities as well as the abilities of their opponents in order to outwit them. Collaboration and communication are also critical components of success in any game setting.

These games are really fun to play, but they can also bring issues. If these children are not monitored, one of the most severe consequences is online gaming addiction. Some people can play these games for hours, if not days, missing schoolwork and ignoring their meals, resulting in failing grades and health problems.

Toxic gaming communities post attitude issues since children learn to curse others, which may be caused by their aggressiveness and leads them to stop playing. Several studies have found that playing too many computer games causes physical harm as well as an increase in anxiety and sadness among gamers. Many studies reveal that most adolescent computer game addicts have a high heart rate and blood pressure as a result of too much excitement and stress.

In conclusion, online mobile games have both beneficial and harmful effects. It can be used to improve a person's skills, but it can also be used to destroy them if they are misguided. Limits must be set by parents and educators. Proper monitoring is also required to prevent these gaming issues from becoming a defeat rather than a victory.

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