

Department of Education

REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

JAN 2 5 2022

No. 0.30 , s. 2022

MENTAL HEALTH WEBINAR SERIES FOR TEACHERS

To:

Division Chiefs

Public Schools District Supervisors

Elementary and Secondary School Heads

All Other Concerned

- As stated in the Regional Memorandum No. 049, the Schools Division office enjoins all teachers to participate in the Mental Health Webinar Series for Teachers on January 25, 2022 (Tuesday) at 2:00 o'clock in the afternoon and will continue until March, 2022, organized by the United Nations Office on Drugs and Crime (UNODC).
- The objective of this webinar is to cushion the adverse impact of COVID-19 particularly in at-risk communities and schools. To provide the teachers the opportunity to attend this activity, school heads are strongly encouraged to allow their teachers to engage in this online mental health intervention program.
- 3. Interested participants may be able to register at the following link https://docs.google.com/forms/d/e/1FAIpQLSfEIIg3l1GpvM4mUiYmdXMoSJqGeaW2p X7tce4fsPn1iwMcdw/viewform. Enclosed are the copies of the basic communication letters from the Central Office and from the proponent for your reference.
- 4. Dissemination and compliance with this Memorandum are desired.

Assistant Schools Division Superintendent
Officer-in-Charge

Office of the Schools Division Superintendent

RBL January 25, 2022







Department of Education

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- 4. Dissemination and compliance with this Memorandum are desired.

ROLAND M. FRONDA, EdD, CESO VI Assistant Schools Division Superintendent

Office of the Schools Division Superintendent

RBL January 25, 2022







January 11, 2022

REVSEE ACUÑA ESCOBEDO

Undersecretary for Field Operations, Bureau of Human Resources and Organizational Development Personnel Division and Employee Welfare Division Department of Education

Attention:

Dr. Maria Corazon Dumlao

Chief, Health Division

Subject: Mental Health Webinar Series for Teachers

The United Nations Office on Drugs and Crime (UNODC), with support from the International Narcotics and Law Enforcement Affairs (INL), US State Department, is organizing a series of Psychosocial and Mental Health Webinars for teachers from January to March 2022. The Webinar series has the following objectives:

- 1) support teachers in understanding how prolonged fears could affect mental health and
- 2) provide them with techniques on how to create a work and life balance despite a challenging time, and:
- 3) equip them with the skills to help them identify and respond to early signs of stress and deterioration of mental health.

The launching of the webinar series is organized on 25 January 2022, at 02:00 PM, via an online platform. This initiative is part of the UNODC and INL collaborative support to mitigate the negative impact of COVID-19 in at-risk communities in the Philippines, including in the school setting. Some of the topics to be discussed are common issues in the workplace: stress, anxiety, depression, and burnout; "How do you know if you're still okay?"; and, red flags for needing professional help.

We are happy to extend this invitation to the Department of Education (DepEd). Interested able to register https://docs.google.com/forms/d/1YtT53W16 -GZmT6M1rgOarbt9SO4nZe-HJPdMnS1DzE/edit.

We would also like to take this opportunity to request you to grace the occasion by giving an inspirational remarks during the launch of the activity.

Your positive response is very much appreciated.

Very truly yours.

JO-ANN DE BELEN

Senior National Programme Officer

For: Olivier Georges Lermet

Senior Resident Policy Advisor



Department of Education

OFFICE OF THE UNDERSECRETARY

MEMORANDUM

FOR

REGIONAL DIRECTORS

BARMM, MINISTER OF BASIC, HIGHER & TECHNICAL

SCHOOLS DIVISION SUPERINTENDENTS

SCHOOL HEADS AND PRINCIPALS

All Others Concerned

FROM

ATTY. REVSEE A. ESCOBEDO

Undersecretary

Field Operations, Palarong Pambansa Secretariat, and

DEACO

SUBJECT

MENTAL HEALTH WEBINAR SERIES FOR TEACHERS

DATE

January 17, 2022

This Office respectfully endorses the attached Invitation Letter from Ms. Jo-Ann De Belen, Senior National Programme Officer, United Nations Office on Drugs and Crime (UNODC), dated January 11, 2022, regarding the Psychosocial and Mental Health Webinars for Teachers organized by the UNODC, with support from the International Narcotics and Law Enforcement Affairs (INL), and US State

This endeavor intends to mitigate the negative impact of COVID-19 in at-risk communities and schools. Specifically, this series will delve into understanding how prolonged fears affect mental health and well-being, provide techniques in creating a work-life balance, and equip teachers with skills to properly respond to early signs of stress and deterioration of mental health. The webinar series will commence on January 25, 2022 (Tuesday) at 2:00 PM via an online platform, and will continue until March 2022.

participants may register https://docs.google.com/forms/d/1YrT53Wf6_-GZmT6M1rgOarbf9SO4nZethis link:

For your reference and information.

Copy jurnished to:

OLIVER GEORGES LERMET

DR. MARIA CORAZON DUMLAO

Senior Resident Policy Advisory United Nations Office on Drugs and Crime

Bureau of Learner Support Services - School Health Division

Office of the Undersecretary for Field Operations, Palarong Pambansa Secretariat, and DEACO Department of Education, Central Office, Meralco Avenue, Pasig City (Room 515, Mobini Building)

Tel. No: (02) 631 84 92 Fox No: (02) 633 53 13 Email: asse pomfostateped gov.ph





Department of Education

REGION III-CENTRAL LUZON





MENTAL HEALTH WEBINAR SERIES FOR TEACHERS

To Schools Division Superintendents

- This is to announce the conduct of Mental Health Webinar Series for Teachers as stated in the Memorandum of Undersecretary Atty. Revsee A. Escobedo, on January 25, 2022 (Tuesday) at 2:00 o'clock in the afternoon and will continue until March 2022, organized by the United Nations Office on Drugs and Crime (UNODC).
- The paramount objective of this webinar is to cushion the adverse impact of COVID-19 particularly in at-risk communities and schools.
- To provide the teachers the opportunity to attend this activity, school heads 3. are strongly encouraged to allow their teachers to engage in this online mental health
- Enclosed are the copies of basic communication letters from the Central Office 4. and from the proponent relative to the link of the platform and for other details.
- Dissemination of and compliance with this Memorandum is desired. 5.

ECLAR, PhD, CESO III Regional Director

Encls.: As stated Reference: None To be indicated in the Perpetual Index under the following subjects:

> WEBINARS TEACHERS

MENTAL HEALTH

HRDD1/hrdd9 January 19, 2022



